

Volume 34 Issue 5
May 2024

Bring a Friend

NOAH

For the
"Not Old At Heart"



Planning Committee:

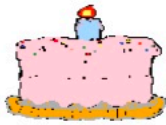
Stan Carter; Mary Hamilton;
Dianne Mears; Lucille Pitts;
Steve Strawn; Ann Wariner
Arabelle Crowder (Honorary Member)

The next NOAH "Potluck" luncheon will be May 7th, at 12:00
We will be celebrating Cinco de Mayo this month. Please bring a Mexican dish (if you have a favorite) for all to enjoy.

PROGRAM:

Our guest speaker will be from the Midwest City Fire Station in Midwest City. We are looking forward to possibly learning some great hints to keep our homes safe and fire free. Please welcome him with your applause and your undivided attention.

A good goal is like a strenuous exercise --it makes you stretch.



BIRTHDAYS:

This is a list of our members who are celebrating their birthdays in May. Sandy Hoisington, May 27th; Norma Larimer, May 26th; Linda McKelvey, May 29th; Anjel Miesse, May 2nd; Dianne Mears, May 22nd; and Jim Smith, May 1st. We wish you all an incredibly Happy Birthday and we hope to see you at the May NOAH meeting so we can help you celebrate.

To succeed – do the best you can, where you are, with what you have.



HOSTS/HOSTESSES:

Robin Collins is our only volunteer to get it all together in the kitchen this month. We really need one other person to help her get everything ready for the rest of us to enjoy. If you can help, please call Mary Hamilton at (405)732-4624.

We cannot get it all together each month without two members who are willing to volunteer a little of their time to continue having a luncheon with our meetings. Please pick a month that will work for you and sign up at the sign in table.

Do not let what you cannot do interfere with what you can do.,



WHEN YOU PRAY:

Please remember to include Sam, the church staff, and any members that are coping with family problems or health issues in your prayers. And thank Him for all the little things in your life that we sometimes take for granted.

We cannot direct the wind --- But we can adjust the sails.



NOAH, WICKLINE AND FRIENDS ON THE GO:

On Thursday, May 23rd, in keeping with Cinco de Mayo, NOAH members and friends will go to Chapala Family Mexican Kitchen in OKC for lunch. We will meet at the church to carpool and leave at 10:30. Please come and break bread with us.

There is always room at the top.

Helen Steiner Rice
*Often we pause and wonder
When we kneel down to pray –
Can God really hear
The prayers that we say.
But if we keep praying
And talking to Him,
He'll brighten the soul.
That was clouded and dim,
For though we feel helpless
And alone when we start,
Our prayer is the key.
That opens the heart*

HAPPY MOTHER'S DAY